

HERONS

STARTERS 4

Baked Sushi Cups

Sushi rice, seaweed, crab, and avocado

Beef Salad Boat *

Cucumber, cilantro, lime, ginger, and red onion

Fried Calamari

Shrimp sauce

Smoked Salmon Bruschetta

Whipped dill feta, fried capers, and grilled baguette



SOUP Soup du Jour 4 or Mushroom Bisque * 4

SIDE SALAD Caesar ^ 4 House *^ 4 Salad Bar 5

Dressings: Ranch, Caesar, Balsamic, Blue Cheese, Mint Yogurt, Apple Cider Vinaigrette

ALL DRESSINGS CONTAIN GARLIC

SIDES 2

Vegetable du Jour

Starch du Jour

Baked Potato *

Baked Sweet Potato *

Fresh Fruit *

Sauteed Green Beans *

Sauteed Yellow Squash *

Roasted Brussel Sprouts *

** made without gluten ^ contains garlic*

Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness especially if you have certain medical conditions.

ENTREE SALADS 10

Classic Caesar

Romaine, parmesan, croutons, black pepper, and caesar dressing

Apple Burrata Salad *

Crispy apple slices, creamy burrata, salty prosciutto, arugula, and orange honey drizzle

Ember and Gem Salad *

Mixed greens, roasted sweet potato, grilled halloumi cheese, pomegranate, and mint yogurt dressing

Winter Harvest Salad *

Spinach, grilled pears, blue cheese, candied pecans, dried cranberries, and apple cider vinaigrette

ADD CHICKEN, SHRIMP, OR SALMON 4

ALL DRESSINGS CONTAIN GARLIC

ENTREES *Includes choice of soup or salad and two side items*

Mushroom Spinach Pasta 14

Rotini pasta, spinach

Grilled Salmon * 20

Creamy shrimp sauce

Pan Seared Pork Tenderloin * 17

Fig and red wine reduction

Filet Mignon * 23

Chimichurri

Chicken Roulade * 17

Mushroom, mozzarella, and basil with roasted red pepper sauce

Healthy Choice 16

Daily Special 18

Fresh Catch 20

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